

WARREN SENTINEL



"Jolly Rogers"

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F.E. Warren Air Force Base, Wyoming

August 12, 2005

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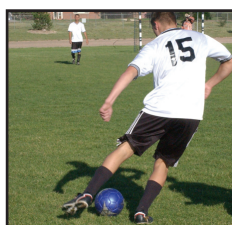
MAN'S BEST FRIEND ...

Military Working Dog Paco waits for his handler after taking down "suspect" Senior Airman Brandon Cummingford, 90th Security Forces Squadron, during a training session Tuesday here. For more on Warren's military working dogs, see Page 12.

Photo by Airman 1st Class Tessa Cubbon

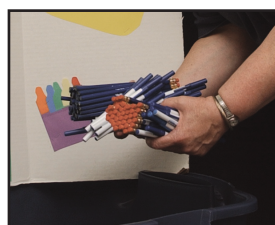
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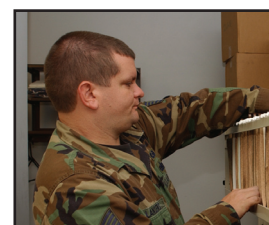
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Commentary

First-line supervisors key to developing good leaders

Col. Boomer Crowley
90th Space Wing Vice Commander

In the United States, the armed forces are traditionally viewed as one of the most respected institutions in the country. The military services deter threats to U.S. national security and, if required, fight and win our nation's wars. We do that quite well, and we do it with an impressive array of military technology that is unequalled anywhere on the planet.

We've all seen laser guided bombs that destroy targets with pinpoint accuracy, we've seen stealth bombers that can fly to the other side of the world and back without landing, we've seen global positioning systems that can locate targets anywhere in the world to within a few meters, and we've seen much, much more. What makes these systems so successful?

There are a lot of answers to that question. But I think the most important ingredient in the success of our military operations around the world is the high quality of leadership this country offers to our troops. So, while the primary mission of the military is to fight and win our nation's wars, an equally important and sometimes overlooked mission of the military is to ensure we continue to develop our leaders. Leadership doesn't only occur on the battlefield, it is practiced with great skill on the flight lines, in the missile fields and in the back shops of every organization throughout the Air Force ... and it all starts at the first duty station.

Most individuals will forge their basic leadership skills within the first three or four years of assignment within the squadron. As has been proven many times, first impressions are lasting impressions. Therefore, the leadership skills an individual develops in his or her

first assignment will form the cornerstone of their leadership ability and will affect hundreds of other people associated with that person throughout a career. With that in mind, I believe first-line supervisors are the key to developing our new accessions into leaders. No magic formulas are required - the tools are readily available. The Air Force's core values of integrity first, service before self and excellence in all we do provide new accessions with an easily recognizable and understandable list of basic requirements of the job. They serve as a contract for all military members and provide a common reference point that melds the various backgrounds and experiences of new personnel into a universal starting point.

Integrity first is the cornerstone of leadership. People follow someone because they believe in his or her direction, integrity and competence. The Air Force's core values handbook describes integrity as follows: "Integrity is a character trait. It is the willingness to do what is right even when no one is looking." As stated earlier, people come from a variety of backgrounds. With varied backgrounds come varied ideas of what is right. Some people may come from life experiences

Leaders, Page 3

Man on the street

The Warren Sentinel asked Warren members, "What are you doing to get your children ready for school?"



"I'm getting my son back into the mood of school: getting him to bed earlier, getting him up earlier, and buying school supplies and new clothes."

- **Staff Sgt. Jason Belter, 90th Security Support Squadron**



"We bought her an educational computer program."

- **Maggie Doss, 90th Medical Support Squadron**



"We are planning an end of summer picnic before my daughter goes to college and the boys go back to high school. We are trying to squeeze in a bit more fun before the snow flies."

- **Mary Fahrner, Visual Information**



"I have books to help them prepare. Once or twice a week we'll pull a page or two out."

- **Staff Sgt. Dawn LeBlanc, 90th Mission Support Group**

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Commentary

Leaders, from Page 2

where underage drinking is not only tolerated, but encouraged. Others may believe that “little white lies” are OK. It is naive to believe that just because a person joins the Air Force, that he or she automatically knows and will comply with what’s right.

Accessions must immediately embrace the concept of integrity. For supervisors, it’s not merely a case of preaching integrity. More importantly, it’s a responsibility to demonstrate and define integrity.

As a supervisor, you must show your troops what integrity is, how it applies to their professional and personal conduct and the consequences of lack of integrity. These lessons must not be theoretical; they must be practical showing your troops how integrity directly relates to their position.

For example, always doing the right thing no matter who is or is not watching is a great starting point. Likewise, checklists must always be followed and regulations must always be enforced. Otherwise, there is a great risk that the mission won’t get accomplished, equipment may be damaged, or

worst of all, a fellow servicemember might be hurt or killed.

The best way to teach integrity is to demonstrate integrity. Your troops will be looking to you to set the tone for the unit. Always do the right thing and enforce the standards, because once subordinates witness a supervisor’s lapse in integrity, it gives those subordinates carte blanche to do the same. If this happens, lack of integrity spreads like a cancer throughout the unit and will have a long-lasting, negative impact.

Finally, know that once a person compromises his or her integrity, trust from superiors, peers and subordinates is lost and is extremely difficult to win back.

Service before self tells us that professional duties take precedence over personal desires. This core value may be the toughest one to assimilate. We are asking new people to substitute society’s “look out for number one” approach for the team approach. Additionally, this core value has been traditionally misinterpreted as “the mission always comes first.” Again, it is the supervisor’s responsibility to

properly define this core value and demonstrate its applicability to his or her personnel.

The Air Force is not intimidating that a person put the Air Force before his or her family or religion. It is merely saying that in “professional decisions” the member must put the needs of the Air Force ahead of personal desires. For example, if an officer’s or NCO’s Air Force specialty code normally puts them in shop X and the commander needs them in shop Y, the person should not object to the transfer even though they really wanted to go to shop X. In this case, the needs of the unit were for the person to go to shop Y and therefore outweigh the individual’s personal goals. We must never place careerism over our responsibilities to the unit and mission.

Excellence in all we do directs us to develop a sustained passion for continuous improvement and innovation that will propel the Air Force into a long-term, upward spiral of accomplishment and performance. This core value is extremely important because it inculcates a passion for continual improvement of the individual and unit. Super-

visors must stress that it is each individual’s responsibility to make his or her organization the very best it can be. However, this core value means more than just obtaining great inspector general results, maintaining “best-ever” in-commission rates or winning command or service-level awards. The essence of this core value is not only to be the best, but also to continually improve the unit and create an environment of excellence for those that follow. Supervisors must instill a “leave it better than I found it” attitude in all their personnel.

The U.S. armed forces have always been a proven leadership training ground. Whether a basic recruit or a general officer, leadership development is a significant part of career progression because that is what makes us successful on the battlefield.

For new accessions, the basics of leadership can be found in the Air Force core values.

First-line supervisors are essential in developing these basic leadership skills in our new accessions at their first duty station. Are you up to the challenge?

6 by 6

full page ad

WSC: For every Warren spouse

1st Lt. Nicole Walters
Public Affairs

It's the Warren Spouses' Club.

It's not just officers' wives, it's not just enlisted wives. In fact, it's not just wives.

The Warren Spouses' Club is an organization for every Warren spouse.

The club has evolved with the times and is working hard to remove old stigmas.

"It's a 'non-rank' group rather than an 'all-rank' group because the military member's rank is absolutely irrelevant," stated Melody Carey, WSC honorary president. "We can accomplish so much more with greater diversity and a wide range of backgrounds and experiences

"It's a 'non-rank' group rather than an 'all-rank' group because the military member's rank is absolutely irrelevant."

- Melody Carey,
Warren Spouses' Club honorary president

among us. Besides, it's just a heck of a lot more fun."

"This year's board is made up of young, enthusiastic spouses who are full of energy and want to make this organization a warm and welcoming place to be," added Mrs. Carey.

The WSC is a source of new friendships, and provides fun and valuable ser-

vices to the base.

"We are a charitable social organization," stated Cindee Leonard, WSC president. "We sponsor a charity of the month, and this month it's helping collect for children's school supplies."

Earlier this year, the dedicated club gave away \$10,000 in scholarships to students.

"My husband got a \$1,000

scholarship to help with his schooling," said Airman 1st Class Connor Elayan, Warren Sentinel editor. "It really helped out a lot and we are grateful to the Warren Spouses' Club for that opportunity."

In 2004, one Warren spouse was pregnant and bedridden for several months. The WSC took turns assist-

ing her around the house and cooking meals for her.

The WSC continues to strive to provide a great service for Warren while making it a fun place for all.

"There is a wealth of ideas and talent in this club from the hundreds of wonderful spouses on our base - all of whom can help WSC continue to grow and improve," said Mrs. Carey.

On Tuesday at the Trail's End Club, the WSC is holding a newcomers meeting starting at 6:30 p.m.

"The attire is casual, and there will be free fondue and prizes. Spouses can join the club at the meeting and any extra school supplies would be greatly appreciated," said Ms. Leonard.

Donate school supplies, help children in need

THE CIVILIAN PAVILION

Matt Cox
Visual Information

An "A" paper has never been written without a pencil and a colorful art project has never been made without crayons.

Operation Back to School, the annual school supply collection drive, makes sure students have the supplies they need to succeed in school.

Sponsored by Laramie County School District #1, Cheyenne Needs, Inc., the Greater Chamber of Commerce, Embry Riddle Aeronautical University - Warren Education Office, Wyoming Student Loan Corporation and Community Action of Laramie County, OBTS relies on public donations and support from local businesses to collect enough supplies to help more than 1,000 students each year. Students participating in the district's reduced-cost meal program are eligible.

LCSD1 community relations director Mary DeVries said the public's support and generosity makes OBTS the successful program that it is.

"The community's monetary support and school supply donations are very much appreciated," said Ms. DeVries in a recent news

release.

Mary Schwem, OBTS committee member and FEW-Embry Riddle contact, has worked with the collection effort for the past nine years and said it's a privilege to work on a project that helps students succeed.

"This is a very worthwhile and satisfying project," she said. "It helps the community and it helps our own Warren families."

She said the collection effort on base has helped about 900 LCSD1 students during the nine years it's been involved.

This year, the OBTS committee has placed about 40 donation boxes - one for each school - around Cheyenne. According to Ms. Schwem, this is the first year the donation drive includes all grades. It had concentrated on the elementary level in the past.

Donation boxes have been placed on the base as well, including the education office, the BX, the chapel and various squadron buildings. Material donations can be placed in the drop-off boxes and monetary contributions can be made directly to the chamber of commerce.

Ms. Schwem said she has publicized OBTS by advertising in the Sentinel, briefings at wing stand ups and sending base-wide e-mails. The committee has also placed fliers around town.

The average cost of supplying a



Photo by Airman 1st Class Tessa Cubbon

Mary Schwem drops bundles of pens and pencils in the Operation Back to School donation box Aug. 5 at the Warren Education Center. Warren members can donate school supplies to students in need at any of the 16 donation boxes on base until Aug. 19.

student to begin the school year is about \$35, according to Angie Harper, Greater Chamber of Commerce public relations director.

That figure includes all items on the list, and although some people donate fully stocked backpacks and bags, Ms. Harper said donations of all sizes are appreciated.

She is proud that the chamber has been a committed partner to OBTS for the campaign's 15-year existence.

"The chamber has helped the program by coordinating the donation effort, providing a drop-off location and promoting the effort to the busi-

ness community," she said.

It kicked-off OBTS at this month's chamber luncheon. She said the luncheon in the past has seen members bring in "bag after bag of supplies."

Distribution of the supplies to qualified students will begin at Needs, Inc., Aug. 22.

The beginning of a new school year is tough enough for students and parents, but having a pencil to ace a test or a box of crayons to draw that refrigerator-bound picture shouldn't be a concern. Operation Back to School ensures all students start the year ready to succeed.

Briefs

Chiefs and Sergeants Major Golf Tournament

The Chiefs and Sergeants Major Golf Tournament is scheduled for 8 a.m., Aug. 18 at the Warren Golf Course. The tournament will fund a college scholarship program to benefit enlisted members and families. The tournament includes four-person best ball, with prizes for first, second, third and last place. Cost is \$35 per person for greens, cart and tourney fees, with \$10 off for golf course members. String cost is \$1 per foot, up to 10 feet per team. Mulligans are \$2.50 each, two per person allowed. Red bombs are five dollars each, two per team allowed. Contact Chief Master Sgt. Richard Singhas by e-mail or at 773-2850 with your team member's names, or contact your chief or sergeant major.

Peacekeeper deactivation alumni celebration

The 90th Space Wing invites all the men and women who've worked with the Peacekeeper mission during their military or government career for a celebration Sept. 20 in recognition of the Peacekeeper deactivation.

The celebration offers Peacekeeper alumni tours of the training launch facility, missile procedures training facility, Warren Heritage Museum, a golf tournament, bus tours of Warren's historic homes and an alumni Santa Maria Barbecue, sponsored by intercontinental ballistic missile contractors of Air Force Space Command and the Cheyenne Cowboy Air Force Association Chapter.

For more information and to register, visit www.PKdeact.com. Spaces are limited to a first come-first served basis. Participants must procure their own billeting and travel arrangements.

NCOA meetings

The Noncommissioned Officers Association, chapter 1169 will hold monthly general membership meetings the first Tuesday of every month in the upstairs of Building 347 (Airman's Attic). Members and non-members are welcome to attend. NCOA exists to enhance and maintain the quality of life for the enlisted core of all branches of the military, guard, reserve and retirees. Come out and support your base and community. For more information, contact Master Sgt. Robbin Rooney 773-2911 or Tech. Sgt. Johnny Goldfuss 773-3817.

CONGRATS TO WARREN'S NEWEST STAFF SERGEANTS

90th Mission Support Group

Isabella Milks
Scott Weimer
Precious Mitchell
Devin Cesnik
Adam Diaz
Jeremy Gullet
Peter McCluskey
David Nunes
Ted Rutkowski
Chris Bender III
Nicole Edwards
Anthony Eischens
Richard Lallement
Chad Linden
Christopher Munn
Allen Nixon
Michael Overton
Destrey Robbins
Justin Sharp
Ernest Sheffield
Bryan Sweetman
Donta Wilson
James Carter
David Fry
Nathaniel Santos
Ryan Stark
Eric Walosin

90th Security Forces Group

Edwin Arvelo
Erich Basler
Joe Blanchette
Colin Burgess
Martin Cortez
Brandon Cummiford
Sean Dore
Joshua Gearhart
Michael Gibson
Nathaniel Goddard
Anthony Guillory
Ronald Hale
Justin Langley
Ryan Lovato
Emmanuel Nieves
Christopher Rocchio
Gerard Williams
William Chapin
Christopher Jackson
Andrew Robertson
Jerod Schley
Dennis Scholl
Christopher Archdeacon
Marcus Bennett
Tommy Bloom
Dean Cook Jr.
Vanessa Cosby

Robert Crenshaw
Juanita Doll
George Freese Jr.
Charles Gagnon
Joshua Hayes
Joseph Hickman
Stephan Kansiewicz
Christian Mann
Julio Marquez
Roger Martin Jr.
Gordon Mathis
Joshua McMurtery
Jacob Penfield
Mark Price Jr.
Keith Prouty
Joseph Roberts
Stephen Schaffer
Conrad Schenek
Michael Schwartz
Luke Stohre
Terry Taber
Nathan Unger
Joseph Vandenbrock
Lilgjay Webb
Austin Wilson
Nicanor Blaustein
Jennifer Davis
Johnathen Henry
Raymond Silva
Michael Allen
Stephen Beasley
Richard Chalmers
Timothy Fuller
Esther Grajeda
Michael Howie
Travis Jackson
Laurie Johnson
Destry Kamphefner
Wallace Litzinger
David Lowe
Sean McDermott
Edward Nelson
Carnell Poteat
Michael Rainford
Christopher Scroggs
Shaun Svetleic

90th Maintenance Group

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Cire Clarke
Jeffrey Clemons
Eric Edwards
Scott Faray
Rene Felieu
Robert Gonzalez Jr.
Christopher Mackall
Roderick Mance
Brian Saunders

Jeremy Venters
Gary Wayland
Ryan Wisniowski
Andre Wright
Jerome Wright
Daniel Young
Trevor Breau
Andrew Lutzo
Kyle Anderson
Robert Burd
Demorreo Caldwell
Derek Chapman
James Clouse
Daniel Dinardis
Larry Doughty
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Isidoro Jovero
Trevor Kingery
Kristian Kunkel
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Melanie McClow
Ronald McLaughlin
Matthew Miller
Amber Moore
Anthony Moore
Ryan Moore
Ismael Nava
Neal Paris
Patrick Parsons
Randall Pee
David Reed
Christian Roblewsky
Amber Rose
Cyrus Twete
Bryan Vails
Willie Ware
Antione Williams
Brad Worley
Nathan Youngbeck
Brent Alan Zembas

90th Medical Group

Christine Bixler
Andrew Huckabaa
Catherine Serrano
Samantha Woodward
Tiffany Grullon

90th Operations Group

Travis Hogan
Stephen Nielsen
Heather Campbell

90th Space Wing

Daniel Salmons

Full Page ad

Full Page ad

FRONTIERCADE '05

F. E. Warren's Annual Field Day & Family BBQ
Friday, August 26, Argonne Parade Field

An alternative duty location! Ya'll come now, Ya' hear!

F.E. Warren AFB
SERVICES
 Combat Support & Community Service

Opening Ceremony 10 a.m.

National Anthem • Invocation
 Opening remarks by Wing Commander
 Tossing of the Golden Buffalo Chip

Events for the Kids!

10 a.m. - 2 p.m. No advance sign up necessary
 Jump House • Sack Races • Egg Relays
 Tug-O-War • Face Painting
 Soccer Goal Kick

Field Day Events

8:30 a.m. - 1 p.m. Squadron Competition
 Sign up for events at Freedom Hall or by e-mailing
Jacob.Trujillo@warren.af.mil
 Commander's Buffalo Chip Toss • 5K Run
 Volleyball • Soccer • Horseshoes
 Tug-O-War • 1.5 Mile Walk • 3-Legged Race
 Human Wheelbarrow Race • Joust
 Dizzy Bat Relay • Canyon Death Walk
 100 Yard Dash • Human Specimen Contest
 (Categories - String bean, big belly, worst tan and best physique)
 Chili Cook-Off • Apple Pie Baking Contest

Free Barbecue Lunch - 11 a.m. - 1:30 p.m.

Prepared by the 90th Services Squadron & served by volunteers from the Military Affairs Committee

Hamburgers • Hot Dogs • Baked Beans
 Cole Slaw • Chips • Coca-Cola



**kickback
SUMMER
GRAND PRIZE DRAWING**

**Trip for two to Cancun,
Mexico or Las Vegas, NV.**

Completed entry cards must be turned to a participating Services activity by Aug. 24 or at the parade field by noon, Aug. 26.

**Live Entertainment by
Seven Sundays!**

Closing Ceremony - 2 p.m.

Presentation of Awards by Wing Commander
 kickback SUMMER prize drawings

Frontiercade is sponsored in part by the following businesses:



Full Page Ad

Telling tales of past brings history to life

Historians work to tell Warren's story

**Airman 1st Class
Tessa Cubbon**
Public Affairs

"While most offices don't like to see a lot of information, we like stacks of it," said Tech. Sgt. Michael Byrd, 90th Space Wing Historian's Office, a man whose business is information.

The historian office's job is to keep track of any information that affects the wing, which is a considerable amount to remember.

They document events such as changes of command, organizational set up, environmental concerns and special events like the upcoming Peacekeeper deactivation and the construction of Warren's elementary school,

Freedom Elementary.

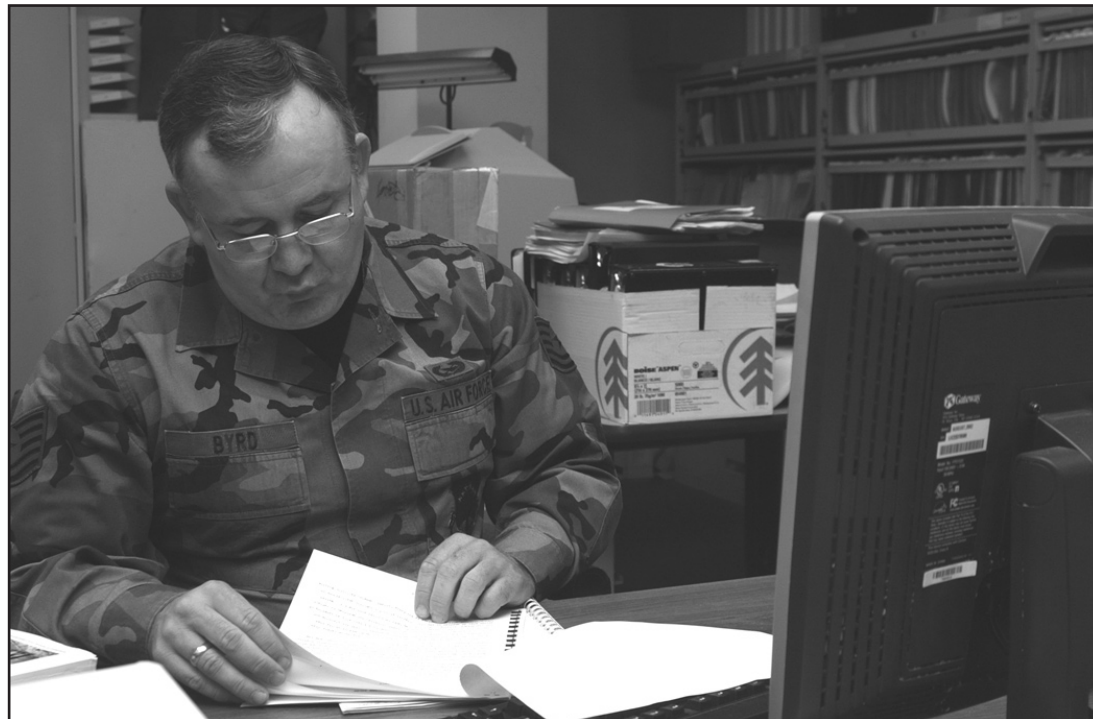
"It's the official record of what the 90th Space Wing has done for that period: the good, the bad and the ugly," said Tech. Sgt. Alan Landers, 90 SW historian.

Basically, the historian's office is the 90 SW's memory.

"If you think about your own memory, how many decisions can you make without your memory? None, all of your decisions are made from past experiences," said Sergeant Byrd. "Human beings learn by experience. The Air Force does the same thing."

The historian's office collects information and past experiences from all over Warren.

Base agencies, such as



Photos by Airman 1st Class Tessa Cubbon

Tech. Sgt. Michael Byrd, 90th Space Wing historian, works on the latest edition of Warren's history.

the safety office, housing and clinic, send the historians information, he said. They also use the Internet to get some of their information.

"We perform interviews to fill in holes when something might be missing," said Sergeant Byrd. "We collect all this information and we build a history. Basically, we write a book every six months."

The history is used to tell the stories and to show our weapon system's importance to national defense, said Sergeant Landers.

Once the history is completed and signed by the commander, Warren's historians send copies to 20th Air Force, Air Force

Space Command and the archives of the Air Force Historical Research Agency.

The Air Force has been keeping histories since it was born. When Sergeant Byrd was stationed at Scott AFB, Ill., he saw an Air Force history from 1916.

One of the first things Sergeant Byrd noticed about Warren's history was that out of all the bases he's ever been to, Warren has given its history the most attention.

"My first impression is there's a lot of pride," he said. "A lot of people truly care about the heritage."

Warren's historians are currently working on the script for the Peacekeeper

heritage video.

"It's all about the Peacekeeper. It goes back to the early 70s when it was in development, Sergeant Landers said. "We already have the information in this office."

Warren's history is different from other bases and may someday be used as a learning tool for others.

"Our base is unique in that we've had a lot of experience in pulling missiles out and modifying silos," Sergeant Landers said. "Others can look back and see what they might do better."

Sergeant Landers said, "We want to get the [history] out and bring it back to life."



Tech. Sgt. Alan Landers, 90th Space Wing historian, files important documents that will tell Warren's story for years to come.





Photo by Staff Sgt. Allen Puckett

TEAM VANDENBERG LAUNCHES MM III

VANDENBERG AFB, Calif. - Staff Sgt. Dwayne Mayberry, 576th Flight Test Squadron, uses a "dogbone" to remove operational items from a Minuteman III booster for the installation of test equipment. The 576 FLTS personnel performed all maintenance activities for the Minuteman III launch July 21, to ensure the safe and accurate collection of data.

Jumper: Airmen haven't changed at all

Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON -- The Air Force's top-ranked officer first donned a flight suit more than 39 years ago -- before 83 percent of active-duty Airmen had even been born.

Air Force Chief of Staff Gen. John P. Jumper has seen a lot of changes during his time in uniform, but he said one thing remains the same -- the dedication of Airmen to the job they are sworn to do.

"The thing that marked my generation in Vietnam is that we all did our duty," he said. "We answered the call, we did what our nation asked us to do, and we were all very dedicated to what we were doing. If you look at this generation of Airmen we have today, it is the same thing. They are every bit as committed and

patriotic as you want them to be."

Though the dedication of Airmen to their mission has not changed over the years, General Jumper said the Air Force mission itself has changed dramatically.

"We have gone from the days (where) we were prepared to deal with Cold War dynamics -- to deploy over to Europe or the Pacific and prepare for the great monolithic war against the Warsaw Pact -- and made a shift into a world where you don't know what is coming next," he said.

That change in mission and focus forced the Air Force to adapt the way it does business, to develop into a force that is leaner, more flexible and more responsive. That new way of doing business, embodied in the air and space expeditionary force concept, was adopted quickly by the Air

Force and has changed the Air Force in big ways.

"To be able to project our force into an AEF force, to be able to deal with contingencies on a rotational basis, to be able to surge our AEF to deal with something like Operation Iraqi Freedom -- all of these things are remarkable transitions to the kind of agility we never had when I was a young captain," General Jumper said. "It shows us we do have the strength to change our culture and stay the best Air Force on the planet."

That transition to a more agile and responsive force has put new demands on the Airmen who do the mission.

"We have asked all Airmen to be expeditionary Airman now," he said. "That's a lot different than spending your career at Holloman Air Force Base

(N.M.) or MacDill Air Force Base (Fla.). If you go to a Balad (Air Base, Iraq) or one of the airfields we have in (the U.S. Central Command area of responsibility) where Airmen are stationed today, it is a different life. Expeditionary Airmen have to be able to live in an expeditionary setting. They have to be able to defend the airfield and generate sorties or do their job in the face of mortar attacks or the face of fire, and we have to be able to fall in with the other services to do our job."

The Air Force has even asked Airmen to change their personal fitness to align themselves with the new role the service plays, the general said.

"The fitness program is going to make sure we have Airmen who are fit enough to walk around in the 30-pound Kevlar vest or wear a chemical suit when they have to," General Jumper said. "We

have a different outlook now."

Airmen have changed the way they work to adapt to an Air Force that has changed its mission in response to a changed world. But one thing about Airmen remains as true today as it did when General Jumper became an Airman -- their dedication to whatever mission it is they are asked to do.

"The longer you are around, you realize that every generation has more in common than they don't have in common," he said. "When exposed to the right kind of leadership, the right kind of motivation, and most of all, a sense of pride, this generation of Airmen is no different of any generation that has ever served."

General Jumper will retire in September.

Fore!

Warren Golf Course hosts MAC Golf Tournament



Col. Michael Carey, 90th Space Wing Commander, watches his drive off the first tee Aug. 5.



Photos by Senior Airman Tonnelle Boyd

Chief Master Sgt. Richard Singhas, 90th Civil Engineer Squadron, lines up a putt at the Military Affairs Committee Golf Tournament Aug. 5 at the Warren Golf Course.

6 by 4.5

790th beats CE 2-1 in soccer shootout



Photo by Airman 1st Class Tessa Cubbon

Airman 1st Class Libni Paredes-Almanza, 90th Civil Engineer Squadron, keeps the ball from Senior Airman Tim Fuller, 790th Missile Security Forces at the intramural soccer championships Aug. 5.



Photo by Airman 1st Class Tessa Cubbon

A 90th Civil Engineer Squadron intramural soccer team member, dribbles the ball to the goal during the soccer championships Aug. 5.



Photo by Airman 1st Class Tessa Cubbon

The 790th Missile Security Forces Squadron Shoot Out Team discusses their next play during a huddle.



Courtesy of 790 MSFS

The new soccer champions from 790 MSFS show off their new trophy.

Warren chef serves it up

Newcomer enjoys services, Cheyenne scenery

This week's 90 Seconds of Fame nominee, Airman 1st Class Emily Klauke took time out of her schedule to talk with Senior Airman Lauren Hasinger Sixbey about what it's like being new to the Air Force and Warren, her family and her aspirations.

What do you do at your job on a daily basis?

I work the grill for breakfast and lunch and I prepare food and dishes in the back room at Chadwell Dining Facility.

What are your hours like?

I work 4:30 (a.m.) to 1:30 (p.m.) Tuesday through Friday and on Saturdays I work from 5:30 (a.m.) to 2:30 (p.m.).

Are you a morning person? Was that tough to get used to?

No, I'm not a morning person; not at all. I have gotten used to it, but it's hard.

What do you enjoy most about your work?

Working the grill. I like seeing the customers and enjoy interacting with them.

Did you choose services?

No. I came in open general. I've grown to like it.

Why did you enlist?

For education.

What are your educational goals?

I really want to be a pediatrician. I love working with kids. I'll start school as soon as I'm able.



Photo by Senior Airman Lauren Hasinger Sixbey

Airman 1st Class Emily Klauke serves lunch at Chadwell Dining Facility Aug 5.

What did you do before you enlisted?

I graduated high school in 2004. I knew this was what I wanted to do.

What are your life aspirations?

I just want a family and I want a good career. As long as I can have those I'll be happy.

Tell me about your family.

They're back in Michigan. I have a mom, a dad, a brother who's 17, a half brother who's 13 and a half sister who's 12. I'm always looking out for my siblings.

Will you try to visit them often while you're stationed here?

Eventually, I'd love for them to come here.

What was your first impression of Warren?

It was really quiet and pretty. I like the scenery.

Did you choose the base?

No, I didn't pick it. It was given to me.

What do you do when you're not working?

I hang out with the friends I've made here. I shop a lot and find fun things to keep myself entertained.

Who is your hero?

My youngest brother, T.J. He's hearing impaired and has gone through life not thinking he was different and that everyone else was. He's had to go through so much.

When you were a kid, what did you want to be when you grew up?

I wanted to be a singer.

Do you sing now?

I can, but I get nervous.

What is your life's motto?

No matter what you do have fun.



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Red Cross swim lessons

Red Cross swim lessons are Monday to Aug. 25, Mondays through Thursdays with morning and afternoon sessions. The cost is \$26 (\$21 with family swim pass).
For more information, call 773-3195.

Open-play paintball

Open-play paintball is being offered 6 to 8 p.m., Thursday and Aug. 25 at the paintball field. Cost is \$12 per person and includes marker, filled 20-ounce tank, safety gear and first 200 rounds. Additional Co2 and paintballs will be available on-site. Sign up by 3 p.m. the day of play at outdoor recreation.
For more information, call ODR at 773-2988.

Family night at the club

Come to the Trail’s End Club 5 to 7 p.m., Aug. 25, for Family Night Back to School with the Rugrats. The cost is \$6.95 for club members and \$8.95 for non-members. The cost for children ages 6 to 10 is \$3.95 and ages 5 and

younger are free.
Hot dogs and a burger bar will be available. Also available are a jump house, putt-putt golf, games, door prizes and more. Reservations are recommended.
For more information or to make a reservation, call 773-3048.

South Dakota trip

Don’tendyourtourofduty at Warren without seeing Devil’s Tower, Custer State Park, Mount Rushmore and the Crazy Horse Monument and cultural center. A trip is scheduled for Aug. 19 to 21. The cost is \$195 per person or \$450 for a family of four. The cost includes two nights lodging in Deadwood, S.D., transportation, parking and admissions to all sites.
For more information, call ODR at 773-2988.

Labor Day weekend rental specials

Rent a camper for the long weekend for \$99 and get an extra day free – customer has the option to pick up one day early (Sept. 1) or return it one day late

(Sept. 8)
Rent any tent for the long weekend and pay the regular weekend rate plus \$4. Rent any other camping gear for the regular weekend rate.
Rent a 14-foot fishing boat for only \$55 and get an extra day free. Rent a 17-foot fishing boat for \$95 and get an extra day free.
For more information, call ODR at 773-2988.

Youth Pee Wee Indoor Soccer League

Registration for Pee Wee Indoor Soccer ends today at the youth center for ages 5 to 9. The cost is \$40 and includes a uniform. All games will be held in the youth gymnasium starting the 3rd week of September. A parents meeting is scheduled for 6 p.m., Aug. 24 at the youth center. Practices will start the week of Aug. 29.

Club championship

The Warren Golf Course Club Championship is scheduled for Aug. 20 to 21 and is open to all military

and annual green fee members. Flights determined by sign ups. Shotgun start is scheduled for 8 a.m. both days.
The cost is \$60 for members and \$80 for non-members. The cost includes green fees, prizes, prize fund, Saturday breakfast and Sunday lunch. The tournament is sponsored in part by Warren Federal Credit Union and Wyoming Newspapers. (No federal endorsement of sponsor intended.)
For more information, call 773-3556.

Youth flag football

Registration for flag football is Monday to Aug. 19 for ages 8 to 11 at the youth center. The cost is \$40 and includes a uniform. All games will be held at the parade field or the fitness center football field starting Sept. 26.
A parent's meeting is scheduled for 6 p.m., Aug. 23, at the youth center. Practices will start the week of Aug. 29.
Volunteer coaches are needed for all sports. For

more information, call the youth center at 773-2564.
Youth summer basketball camp
Learn the basics of shooting, passing and dribbling from chief clinician, Kirk Aytch and his staff at the youth center 5:30 to 7 p.m., Aug. 22, 24, 29 and 31. Ages 5 to 18 are welcome to attend. Registration ends today. Late registration is Monday to Aug. 19. The cost is \$20 per child and includes camp T-shirt.

Before and After School Program registration

Interested in signing up for the Before and After School Program? Letters of intent will be accepted beginning Monday for children in first to sixth grades. Kindergartners are welcome to attend the B & A Program if they are attending full-day kindergarten. This is a first come, first served activity based on Air Force Instruction of priority.
For more information, call the youth center at 773-2564.

What's in a name?



Photo by Airman 1st Class Tessa Cubbon

Marne Parade Ground is located on Randall Avenue, across from the base museum.

Marne Parade Ground

This was the original parade ground of Fort D.A. Russell, created in 1867. The original buildings around the parade ground were constructed of wood, but were replaced with brick buildings in 1885. It is named after the Battle of the Marne, fought in 1914 during World War I, in which the French and British armies prevented the Germans from capturing Paris.

Personnel Reliability Program is everyone's responsibility

Question: APRP certified individual receives health care. When are they required to notify their certifying official?

Answer: APRP certified individual is required to inform their CO of all health care received, to include temporary duty assignment treatment, except in cases of approved substances in the area of FDA-approved over-the-counter medications. (Ref. 36-2104, para 1.13.2.1.)

Look for general knowledge questions and answers every week in the Sentinel, courtesy of the base PRP office.

Battle of the Squadrons:
Who's hot, who's not

UNIT	Dorm Escape/ Movie times	Crosswords	Slogans	Articles in Paper	Posters	Total Sq. Points
319 MS				5		5
320 MS	1					1
321 MS						0
400 MS						0
90 OSS						0
37 HF						0
90 OG TOTALS	1	0	0	5	0	6
90 MMXS	16					16
90 MOS						0
90 MXG TOTALS	16	0	0	0	0	16
90 SFS	3					3
90 MSFS	9					9
90 SSPTS			5			5
790 MSFS	23					23
SFG TOTALS	35	0	5	0	0	40
90 CONS						0
90 CS	3	22	5			30
90 CES	4					4
90 LRS	5					5
90 MSS						0
90 SVS						0
90 MSG TOTALS	12	22	5	0	0	39
90 MDSS	1					1
90 MDOS	4					4
90 MDG TOTALS	5	0	0	0	0	0
90 CCPTS						0

Master Sgt. Eric Rider
90th Space Wing Safety

This is an update of the Battle of the Squadrons safety competition. Points for your squadron can be earned by visiting Dorm Escape, outdoor recreation or any base sponsored events. The squadron with the most points will win a \$1,000 cash prize. Additionally, the winning squadron gets to display the "Cowboy Up For Safety" trophy for one year.

Crossword Puzzles: Safety crossword puzzles are published in the base paper every three weeks during the campaign. Individuals have until 4:30 p.m. that day to complete the puzzle and send it to the wing safety office. The completed puzzles must be hand carried to our office by the individual who completed it. For every correct crossword puzzle, that person's squadron will earn five points.

Posters: The poster contest focuses on five categories: Home/Domestic, Sports/Recreational, On-Duty Safety, Driving, and Motorcycles. During the first week of September, and the last week of the campaign,

judges will pick winners. First place winners receive 10 points, second place receives five points, and third place earns three points for their squadron. All personnel who submit posters but do not place in the top three will be awarded one safety point for their squadron.

Slogans: All slogans for this contest should be turned into the wing safety office and will be graded for acceptability. Slogans may be hand carried to the safety office, faxed to 773-2079 or e-mailed to 90SW.se@warren.af.mil. Each individual who turns in an acceptable slogan will earn one safety point for his or her squadron. Each person who has a safety slogan posted on the base marquee during the 101 Critical Days of summer will receive an additional safety point for their squadron.

Safety Articles: Every individual who submits a safety article to the safety office during the 101 Critical Days of Summer will be awarded one safety point for their squadron. If the article is published in the base paper, the squadron will receive an additional five safety points.

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